

Healing Our Ancestry

This will be a juicy inner journey to heal our personal and collective ancestral wounds, by way of the written word.

It will include explorations into automatic writing, unearthing hidden emotions through verse, and allowing for the spontaneous ways in which your personal voice likes to express.



Writing the Body Whole

**Meets 3-5pm MST,
3rd Sundays of
July-November 2021
in the Zoom Room**

\$111 - Sign up [here](#), or email healingsunenergetics@gmail.com to pay by cash or check